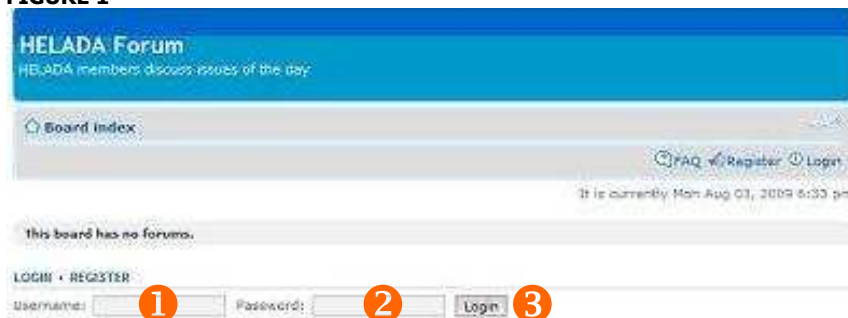## LOGIN TO THE FORUM

Once you're registered as a member, it's easy and fast to login to the Forum.

TO LOGIN

1. From the www.helada.gr home page, left column, click on FORUM
2. This dialogue box (Figure 1) will appear in the main frame
3. Fill in your user name ❶ and password ❷ in the boxes below the thin grey line
4. Click the Login button ❸ just BESIDE your password
5. You will see 'You have been successfully logged in" and "Return to the Index Page"
6. Click on "Return" or just wait. The site will give you the Index in a few seconds.

FIGURE 1

WHOOPS! … DON'T PANIC

If you click on Login, anywhere on the box in Figure 1, without filling in your name/password, you'll see this dialogue box (Figure 2), with nothing filled in. (Pls ignore ❹ in the figure)

FIGURE 2

Don't panic! Follow these instructions:
1. do NOT click on Login ❺ ever, ever again ;-)
2. fill in the user name you've chosen on registration ❻
3. fill in the password you've chosen ❼
4. click the Login button at the bottom ❽

NB – It is not necessary to use this dialogue box to login. HOWEVER, see 'I forgot my password' in Figure 2? How handy! Use this one if you forget your password.

The Forum is not set up for automatic login (remember me). You'll need to log in each time you want to read or post.